

This Week's Calendar of Events

JANUARY 3-9, 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 AM Monday Morning Breakfast Outing*	9:00 AM Exercise Class: Chair Yoga, Exercise Studio	10:00 AM Exercise Class: Let's Get Fit, Exercise Studio	9:00 AM Exercise Class: Chair Yoga, Exercise Studio	9:30 AM Exercise Class: Improve Your Balance, Exercise Studio	10:00 AM Exercise Class: Let's Get Fit, Exercise Studio	9:15 AM Church Coach Service*
9:30 AM Exercise Class: Let's Get Fit, Exercise Studio	10:00 AM Exercise Class: Let's Get Fit, Exercise Studio	10:00 AM Shopping Essentials: Albertson's & Walgreens*	10:00 AM Exercise Class: Let's Get Fit, Exercise Studio	11:00 AM Exercise Class: Line Dancing, Exercise Studio	10:00 AM Exercise Class: Easy Does It Chair Fitness, Exercise Studio	9:30 AM Exercise Class: Let's Get Fit, Exercise Studio
10:00 AM Trip To Trader Joe's & Home Goods*	1:00 PM Mexican Train Dominoes, Pub	10:00 AM Sewing Club Meeting, Art Studio	10:30 AM In The Know: Alzheimer's & Dementia Talk, Theater	11:00 AM Let's Eat Out! Lunch Outing*	10:30 AM Diamond Art Class, Art Studio	1:00 PM Hand, Foot & Toe Clinic, Apartment 201
1:00 PM Live, Laugh & Learn Lecture, Lounge	2:00 PM Bingo, Bingo, Bingo! Lounge	1:00 PM Blackjack: Deal Me In! Pub	10:30 AM Roll The Dice: Play Yahtzee! Pub	1:00 PM Classic Cards Fun: Bridge, Apartment 201	1:00 PM Mexican Train Dominoes, Pub	1:30 PM Sunday Movie Matinee, Theater
2:00 PM Exercise Class: Chair Line Dancing, Exercise Studio	4:00 PM Let's Eat Out! Dinner Outing*	2:00 PM Financial Matters: Trips To The Bank*	2:30 PM Happy Hour With Live Entertainment, Lounge	2:00 PM Balloon Chair Volleyball, Lounge	1:30 PM Saturday Movie Matinee, Theater	3:15 PM Left, Center, Right (LCR) Dice Game Play, Lounge
3:15 PM Lifebio: Write Your Story, Art Studio	6:00 PM Big-Screen Movie Night, Theater	2:15 PM Open Scrabble Play, Apartment 201	4:00 PM Trivia Time: Test Your Knowledge, Library	3:15 PM Let's Talk Travel Presentation, Theater	2:00 PM Bingo, Bingo, Bingo!, Lounge	3:30 PM Living Through Loss Support Group Meeting, Theater
4:00 PM Trivia Time: Test Your Knowledge, Library		3:00 PM Weekly Bible Study, Lounge	6:00 PM Big-Screen Movie Night, Theater	6:00 PM Board Game Night, Lounge	6:00 PM Board Game Night, Lounge	
5:00 PM Monday Night Football Happy Hour, Pub						

*Gather in lobby/concierge area for coach transportation.